

VIVEKANANDA COLLEGE FOR WOMEN BARISHA, KOLKATA-8



Established 1961

Assessed and Accredited by NAAC in **B++ Grade**

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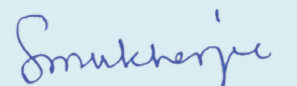
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REPORT ON NSS ACTIVITIES

Holistic development of students is a goal that the college is fully committed to. In addition to the conventional teaching/ learning routine, the college strives to inculcate students with a moral and ethical perspective which assists in personal growth and civic responsibility. The college is especially interested in making students aware of their social surroundings and to this end regularly organizes extension activities of social service which provide them with opportunities to understand and appreciate problems of the community. This sensitizes students to work towards helping the underprivileged. Keeping this in view, extension services are undertaken by our college students in nearby schools and communities. The NSS unit is proactive in this respect having organised several social service programmes that have yielded positive results, both for the community and the students. Society has benefitted from the services rendered while students have learnt the necessity and joy of helping others.

The details of their participation in various activities are listed in the **QnM**. Here some glimpses of their activities during the assessment period are described.


Teacher-in-Charge
VIVEKANANDA COLLEGE FOR WOMEN

2017-18

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Sl.No.10 Health checkup/ Art and Craft

Special Camp

ASS - VCM

Smukherjee
Teacher-in-Charge
VIVEKANANDA COLLEGE FOR WOMEN



Sl.No.15 Swachhta hi seva



SL.No.7 World Environment Day

2018-19

The NSS unit members of Vivekananda College For Women are especially made aware of health and hygiene so that they can keep themselves fit enough to render services to the society and beside this, they can give their effort towards upholding social awareness in this regard. This is particularly in need to a society where many poor people live who do not have sufficient economic capability to meet the expenses for medical treatment.

To address this problem general people need to be made conscious about the root cause of many diseases and their preventive measures. Health Experts from the School of Tropical Medicine conducted Health Awareness Programme in this college on 3.5.2018 where they particularly conducted tests on Thalassemia for the **poor people of the neighbourhood** Thalassemia cannot be fully cured so prevention is the right way to address it. Cadets of NSS unit of the College has spread this message to the people living in vulnerable conditions in our society. Beside a Free Eye Checkup Camp had been organized by the NSS unit from 25.2.2019 to 28.2.2019 to give scope to needy people to take care of their very important organ of the body.

With autistic children in particular a rally was organized on 22.1.2018 to uphold “Child Rights and Protection”. Children who are differently-abled need the support and encouragement from the society to live a life of their own. The NSS unit in the college is fully supportive to this issue.



SL.No. 20 NSS Special Camp

Smukherje
Teacher-in-Charge
VIVEKANANDA COLLEGE FOR WOMEN

2019-20

A member of a society needs to be aware of various aspects of mechanism of life pattern for smooth conduction of multiple activities. This needs training and awareness programmes. A sustained effort is to be given towards this end. It is not possible by Government Organisations only to do all the works so some organizations like NSS units of schools and colleges may shoulder the burden. The NSS unit of Vivekananda College for Women is always ready to hold programmes where general people may be included to get aware of the environment where they live and know how to improve the condition which will be more supportive to their descendants. For this World Environment Day was observed on 5.6.2019 where free plantation programme was taken up to give an opportunity to the member of the society to be aware of the fact that we are very much in need of foliage for the sheer survival of our own on earth. Beside this “Swachha Bharat Aviyam” was conducted by the NSS unit on 6.6.19 in the neighborhood of this college. It is a well-known fact that one day programme of cleaning the neighboring area would not be a solution to unscrupulous littering, but it may be giving scope to clean breeding ground of the mosquitoes and stall spread of disease like dengue. Such activity definitely gives scope to make them understand that such effort should be made in sustained manner. Beside this the members of this NSS unit participated in “Observation of Vigilance Awareness Week” programme conducted by Kolkata Police for the safe life of the citizens of an area. So this is to be done in collaboration from both end. NSS unit of this college is always ready to take active participation in such social awareness programmes.



SL.No.32 5Km Race For Peace



SL.No.39 LRD Camp

Smukhanje
Teacher-in-Charge
VIVEKANANDA COLLEGE FOR WOMEN

2021-22

The Covid 19 had a fathomless impact on the life of humankind on this planet. During that time life got totally stalled and the members of the NSS unit of Vivekananda College for women had no other way but to act in online basis to keep the activities alive. After a deadly face when life started in limping back to normalcy, the NSS unit also got the courage to participate in offline programmes. In collaboration with School of Tropical Medicine Thalassemia Testing Programme was organised in the college premises for the neighbourhood. This is a deadly disease which cannot be cured totally; so in order to prevent it some measures are to be taken and that requires testing and social awareness. The Covid 19 had given a lesson to the humankind that immunity boosting is the last word at the face of a deadly disease like this. Here yoga can play a very effective role. For thousands of years this is practiced by the people of India. Now it has achieved popularity in other parts of the globe too. Interestingly the medical practitioners advise to practice yoga for the sake of boosting immunity when Covid 19 was roaring like anything. The NSS unit of this college has come to understand the effectiveness of practicing yoga in daily life. To make it acceptable to all the members of this society, following the Government of India suggestion “International Yoga Day” was celebrated. A life of man gets fulfillment by having a healthy body and at the same time an alert mind too. That needs an inclination towards cultural activities. The members of the NSS unit are competent enough to take participation in such activities and they did so when programmes like Youth Day Celebration, Independence Day, Bharti Rally took place.



SL.No 33 Independence Day



SL.No 36 International Yoga Day

Sankhenji
Teacher-in-Charge
VIVEKANANDA COLLEGE FOR WOMEN



Sl.No. 37 Youth Day Celebration



Sl.No.41 World AIDS Day